

## RELEASE

The client releases and agrees to hold Natalia Garcia and Functional Nutrition and Wellness, LLC, a Florida limited liability company (hereinafter, collectively referred to as "Company") harmless from, and waives on behalf of themselves and any minor in their custody or care who client authorizes to receive services or who may follow any nutritional or other advice of Company, any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to themselves, their child, and/or their property that may be caused by any advice, recommendations, recommended food and/or supplements, recommended therapies, actions, or failure to act, adverse reactions, or that may otherwise arise in any way in connection with any services received from Company (including, but not limited to, any recommended foods, supplements, and therapies). Client understands that this release discharges Company and its nutritionists, employees, owners, directors, members, agents, and attorneys from any liability or claim that client, their children, their heirs, or any personal representatives may have against the Company with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Company. Company strongly recommends that clients always consult with and follow the advice of their doctor or other medical professional when changing diet or exercise programs or taking supplements.